



NORTH BAY LEAGUE
Cross Country Schedule, 2020 – 2021
 (First Year of Rotation)



COVID-19 PANDEMIC SCHEDULE

Pre-season meeting: Tuesday, December 8, 6:30 PM, Cardinal Newman High School ACC
 First day of practice: Monday, December 14
 Number of contests: 14 meets
 A maximum of two (2) scrimmages are permissible prior to the first interscholastic contest (league or non-league) of the season.
 Meet time: JV girls: 3:45; JV boys 4:20 PM; Varsity girls: 5:00; Varsity boys: 5:30 PM

OAK
<p><u>WEDNESDAY, JANUARY 27</u> Santa Rosa at Piner Montgomery bye Windsor at Maria Carrillo</p>
<p><u>WEDNESDAY, FEBRUARY 3</u> Santa Rosa bye Montgomery at Windsor Piner at Maria Carrillo</p>
<p><u>WEDNESDAY, FEBRUARY 10</u> Piner bye Santa Rosa at Windsor Maria Carrillo at Montgomery</p>
<p><u>WEDNESDAY, FEBRUARY 17</u> Maria Carrillo at Santa Rosa Montgomery at Piner Windsor bye</p>
<p><u>WEDNESDAY, FEBRUARY 24</u> Piner at Windsor Montgomery at Santa Rosa Maria Carrillo bye</p>
<p><u>FRIDAY OR SATURDAY, MARCH 12 or 13</u> NBL Championship Meet Site and host(s) TBD</p>

REDWOOD
<p><u>WEDNESDAY, FEBRUARY 3</u> Analy & Cardinal Newman at El Molino Elsie Allen & Rancho Cotate at Healdsburg St. Vincent at Ukiah</p>
<p><u>WEDNESDAY, FEBRUARY 10</u> Cardinal Newman and Healdsburg at St. Vincent El Molino and Ukiah at Elsie Allen Analy at Rancho Cotate</p>
<p><u>WEDNESDAY, FEBRUARY 17</u> Ukiah and Healdsburg at Analy St. Vincent and Rancho Cotate at El Molino Elsie Allen at Cardinal Newman</p>
<p><u>WEDNESDAY, FEBRUARY 24</u> Analy and Elsie Allen at St. Vincent Ukiah and Rancho Cotate at Cardinal Newman El Molino at Healdsburg</p>
<p><u>FRIDAY OR SATURDAY, MARCH 12 OR 13</u> NBL Championship Meet Site and host(s) TBD</p>

NCS/Les Schwab Tires Championships
 Final date for competition other than NCS Championships: March 13
 NCS entries due: March 14 (11:59 PM)
 Meet of Champions: March 20, Hayward
 CIF Cross Country Championships: March 27, Woodward Park, Fresno