

Dublin SOCIAL Distance Fiesta, Saturday April 24, 2021 (released April 23, 2021)

Dublin High School (brand new 8 lane track)

Fully Automatic Timing System

8151 Village Parkway, Dublin, CA



[LINK](#) to Meet Information

<https://sites.google.com/dublinusd.org/dublincrosscountry/dublin-social-distance-fiesta?authuser=0>

Saturday, April 24, 2021

Dublin High School, Dublin, CA

Team Packet Pickup Available @ 9:45 AM

Stadium Open @ 10:45 AM ([Spectators](#))

<i>Event Schedule</i>		
<u>Time</u>	<u>Event</u>	<u>Heats</u>
11:10 AM	Girls 1600	1-13
12:55 PM	Boys 1600	1-20
3:05 PM	Girls 800	1-15
4:10 PM	Boys 800	1-19
5:20 PM	Girls 3200	1-6
6:55 PM	Boys 3200	1-10

Meet Will Conclude @ 9:00 PM

SPECTATOR INFORMATION

- Spectator Gate will be located at the walk-in gate closest to the Sports Complex north of the main entrance to the stadium. Only spectators will be allowed through this gate, no athletes or coaches.
- All tickets are **PRE-SALE ONLY, limit 2 per person, and are for the purposes of the family members only.**
- [Dublin Social Distance Fiesta Ticket Link](#)
- There is limited capacity and sales will cease once that threshold is reached.
- **THERE WILL BE NO WALK-UP SALES.**
- Spectators must show their verified ticket on their phone upon entry.
- **The Spectator Gate will open at 10:45 AM.**
- Spectators will have access to the bleachers/walkway surrounding the track & field excluding the walkway for the Coaches Area. Spectators must adhere to all social distancing guidelines.
- **We respectfully encourage spectators to depart after their student athletes' events are completed.**

Please be respectful of our Dublin High School Track & Field protocols. Even if it has been done differently at other venues, be mindful that we have our own protocols in compliance with Dublin Unified School District, Alameda County and California Departments of Public Health guidelines.

Final Meet Instructions

- **FACIAL COVERINGS** must be worn at all times and **SOCIAL DISTANCING** must be adhered to by everyone in attendance even when within designated team staging areas. The only exception is when the student athlete is in competition.
- **PARKING** - There is plenty of parking available on campus as well as on the street.

- **PACKET PICK-UP** - Packets will be available near the Athlete/Coach Gate at 9:45 AM. Only coaches will be issued packets. Packets will contain coaches passes for access to the Coaches Area inside the stadium, 1 for every 10 student athletes entered rounded up (ie, if 14 were entered, 2 passes will be given). All other coaches must act as a spectator, get a ticket, and will only have access to the Spectators Area. **Hip numbers are included and are to be placed on their LEFT HIP AND CHEST. Hip number assignments can be found on your Team Entry sheet in your packet. After their seed time, the heat number/hip number is listed. For example, "13/16" will mean Heat 13, hip number 16.** Please return all unused hip numbers to meet management at the conclusion of the meet.
- **ATHLETE/COACH GATE** will be the north gate of the track & field stadium. This will be the only entry point for athletes and coaches into the stadium. Only athletes and coaches will be allowed through this gate, no spectators.
- **COACHES AREA** - The designated coaching area will be along the fencing around the turn between the 100m and 200m starting line and will only have access to this area. Coaches must adhere to all social distancing guidelines. There will be no one allowed on the infield nor can the coaches be in the spectators area. Coaches must enter through the Athlete/Coach Gate
- **CHANGES/SCRATCHES** - Some changes have taken place since the heat sheets were sent out and all athletes/schools affected by these changes have been notified and the changes have been noted in the official heat sheets and results sheets used by officials on the field.
- **WARM-UP AREA** - The baseball and softball fields area all are available for warm-ups.
- **CHECK-IN/BULLPEN** - THERE WILL NOT BE CALLS TO CHECK-IN. **Hip numbers are included in the team packet and are to be worn on their LEFT HIP AND CHEST. Please make sure they know what heat and lane number they are. Hip number assignments can be found on your Team Entry sheet in your packet. After their seed time, the heat number/hip number is listed. For example, "13/16" will mean Heat 13, hip number 16.** Athletes MUST arrive at the bullpen at the Athlete/Coach Gate 2 heats prior to their assigned heat. From here, they will be escorted into the stadium onto the infield **RACE READY** - they are in full uniform with racing spikes (no shoes) with no additional clothing needed to remove as they will not be allowed back into the stadium following their race. Once they are on the infield, athletes will be able to get in strides. Just prior to race time, the clerk will give final instructions and alley assignments. The clerk will also escort each heat to the starting line. Remind your athletes to pay attention as we intend to keep things moving quickly. Athletes who run in a heat for which they were not assigned will be disqualified. If an athlete misses their assigned heat, they will not be allowed to run in another heat.
- **RACE MECHANICS** - Each race will employ a tripe-alley start. Half of the field will be assigned the inside alley, one-third will be assigned the middle alley, and the remaining will be the outside alley. The competitors must have their facial covering on until the start of the race. Once the race has started, they may remove their facial covering but must be able to access it and are encouraged to use it when passing other competitors. The competitors must make every attempt to socially distance themselves from other competitors during the race. Runners are to stay in their assigned alley for the first turn, breaking for the curb when they enter the back straightaway. As runners finish, they will be directed to exit the gate directly after the finish line and depart through the main entrance of the stadium (should be prepared to remove their spikes) through a chute and proceed back to their team staging area. Once they have crossed the finish line, they must put their facial covering back on. The finish will be completely contactless. The top 3 finishers (top 4 in the fast heat) will receive t-shirts OR a bag (as supplies last) as they exit the track. SPECTATORS, TEAMMATES AND COACHES ARE NOT ALLOWED TO CONGREGATE IN THE FINISH OR CHUTE AREAS.
- **TIMING** - We will be using fully automated timing. However, if there is a delay or problem with the timing system, we will be using hand times. Decisions of the finish line judges will be final.
- **RESULTS** - Will be available at adkinstrakwest.com.
- **RESTROOMS** - Each school will be designated a restroom to use during the entire meet and can only use this restroom. Only two (2) student athletes are allowed in the restroom at one time. A line can form outside adhering to socially distancing guidelines. Plan for longer lines than normal at the restrooms because of social distancing protocols. **No spectators are allowed in the team designated restroom. Spectators will have access to the stadium restrooms.**
- **TEAM STAGING AREA (W/DESIGNATED RESTROOM)** - Each team is encouraged to use the surrounding areas near their designated restroom for their home base. They can only use this

restroom during the meet. It is recommended to bring more extra tents than normal to allow for social distancing in case of inclement weather. **TEAMS ARE NOT ALLOWED TO SET UP ON THE FIELDS WARM-UP AREA NOR IN THE STADIUM. *Spectators are not allowed in team staging areas nor in the team restroom.***

<u>Restrooms</u>	Schools in alphabetical order between:
#4 - Portables	Acalanes - Carondelet
#5 - Old Gymnasium Locker Rooms	Casa Grande - Freedom
#8 - Engineering Building	Granada - Miramonte
#2 - Sports Complex Locker Rooms	Monte Vista - San Ramon Valley
#3 - Sports Complex Foyer	Saratoga - Woodside

CONCESSIONS & SNACK BAR: There will be a limited snack bar when available.

FOOTBALLS, FRISBEES, SOCCER BALLS, ETC. No playing with footballs, Frisbees, soccer balls, etc. We will have a disc jockey to provide music so there is no need for anyone to bring their own musical devices.

MEDICAL – Ice will be available upon request. Each school is responsible for their own supplies and athletic training equipment.

CLEAN-UP & SUPERVISION – Make sure your athletes conduct themselves in a respectable manner.

Remind them to wear their facial coverings, practice social distancing, and be aware of their surroundings.

Please have them clean up their team area when they leave the meet. Trash cans/trash bags will be available

WEATHER – The Dublin Distance Fiesta will happen rain or shine.

Normal DDF Amenities & Hospitalities **Not** Being Provided in 2021

- Distance Medley Relay Race
- Coaches tickets for free snack bar helping.
- Athletes and coaches being allowed on the infield.
- Tents and teams in the bleachers.
- Concession Stand

MCHS COVID-19 SAFETY PROTOCOLS (Roll-Call Roster/Check-in done by Coach Leanne West):

- *Travel to these meets in vehicles will follow strict "same household" occupancy*
- *Masks to be worn at all times except during actual competition*
- *Maintain social distancing and have our team occupying our own designated area that is separated from other teams*
- *No sharing of equipment or water bottles*
- *Minimize all contact with other any other athletes from other teams participating in these events*
- *All athletes will be COVID-19 symptom checked by MCHS coaching staff, including a no-contact temp check prior to being allowed to join our group*

Need more information? ...Check our team website for updates at www.mariacarrillorun.com

MCHS Coach Contacts for this meet:

Coach Greg (707) 291-2967, Coach Leanne (707) 291-5168, Coach Marion (707) 486-1633, Coach John (707) 236-0069

GO PUMAS!!!