

The MCHS Track & Field Team has been accepted to attend this meet! (April 6, 2021)

8th Annual Eddie Hart Invitational, Saturday April 24, 2021

**Pirate Stadium, Pittsburg High School,
9 Lane Track and Fully Automatic Timing System
1750 Harbor St., Pittsburg, CA 94565**



Meet Info: <https://www.athletic.net/TrackAndField/meet/408645/info/118193>

Field Events Start: 9:30 AM

Running Events Start: 10:00 AM

Entries to be finalized to Coach Greg by end of MCHS practice Friday April 16th

IMPORTANT: Transportation to/from this meet needs to be coordinated by your parents, there will be no bus or school provided transportation!

Final entries subject to approval by Coach Greg. We are limited to register a maximum of 3 athletes per division in each event (preference will be given to all Senior athletes and reminder, this is an Invitational, so all marks submitted need to be "competitive"). OK to use 2019/2020 marks. -If using hand times +.24 second adj. will be made.

SPECTATORS: Only parents/drivers transporting athletes to the meet will be given a transportation pass allowing them access into the meet, those will be the only allowed individuals able to watch the meet.

Divisions: Varsity Boys, Varsity Girls, F/S Girls, F/S Boys (F/S = must be Freshman/Sophomore)

Awards: Medals: 1st-3rd Individuals and Relays

Other Eddie Hart Meet Details:

1. Only 3/16" or 1/4" pyramid spikes are allowed on the track.
2. All athletes must warm up in the designated warm-up area.
3. All athletes must report to the clerk of the course at the first call. Failure to report will result in disqualification from the event.
4. All running are timed finals. Your team may enter a maximum of 3 athletes per division per school in all races. Teams are allowed one Relay team per division per school.
5. All races will be timed by electronic timing device. Results will be posted per event during the day.
6. Additional athletes may not be added. Alternates will be seeded into Heats.
7. There will be no warm-up allowed on the track or infield area. Only athletes competing at the time of their events will be allowed on the track during their event!! Violation of this rule will result in disqualification.
8. Uniform rule in effect for all Relay races.

Eddie Hart Invite RUNNING EVENTS Order -Begin at 10:00 AM (final event likely ~5-6 PM)

Note: There is NO FIXED RACE OR FIELD EVENT SCHEDULE (actual schedule will follow this event order and actual time for each event will be TBD based on entries)

100hh (F/S Girls, Var Girls)
110hh (F/S Boys, Var Boys)
1600m Run (F/S Girls, F/S Boys)
4x100 Relay (F/S Girls, F/S Boys, Var Girls, Var Boys)
1600m Run (Var Girls, Var Boys)
400m dash (F/S Girls, F/S Boys, Var Girls, Var Boys)
100m dash (F/S Girls, F/S Boys, Var Girls, Var Boys)
800m run (F/S Girls, F/S Boys)
4x200 Relay (F/S Girls, F/S Boys, Var Girls, Var Boys)
800m run (Var Girls, Var Boys)
300IH (F/S Girls, Var Girls, F/S Boys, Var Boys)
200m dash (F/S Girls, F/S Boys, Var Girls, Var Boys)
3200m run (Var Girls, Var Boys)
4x400 relay (F/S Girls, F/S Boys, Var Girls, Var Boys)

Eddie Hart Invite FIELD EVENTS -Begin at 9:30 AM:

Long Jump (F/S Boys, Var Boys)	Pole Vault (F/S Boys, Var Boys)
Triple Jump (F/S Girls, Var Girls)	Shot Put (F/S Boys, Var Boys)
High Jump (Var Girls, F/S Girls)	Discus (F/S Girls, Var Girls)

Eddie Hart Invite FIELD EVENTS -Begin Immediately Following the completion of AM events:

Long Jump (F/S Girls, Var Girls)	Pole Vault (F/S Girls, Var Girls)
Triple Jump (F/S Boys, Var Boys)	Shot Put (F/S Girls, Var Girls)
High Jump (Var Boys, F/S Boys)	Discus (F/S Boys, Var Boys)

Need more information? ...Check our team website for updates at www.mariacarrillorun.com

Contact Coach Greg at greg.fogg@comcast.net or call/text (707) 291-2967

GO PUMAS!!!