

8th Annual Eddie Hart Invitational, Saturday April 24, 2021 (released April 23, 2021)

**Pirate Stadium, Pittsburg High School,
9 Lane Track and Fully Automatic Timing System
1750 Harbor St., Pittsburg, CA 94565**



Meet Info: <https://www.athletic.net/TrackAndField/meet/408645/info/118193>

There is NO FIXED RACE OR FIELD EVENT SCHEDULE (actual schedule will follow this event order and actual time for each event will be TBD based on entries), this Meet Schedule is preliminary/subject to change:

Field Events Start: 9:30 AM

Running Events Start: 10:00 AM (ending ~5-6PM)

Long Jump (Boys)	Pole Vault (Boys)	100H/110H
Triple Jump (Girls)	Shot Put (Boys)	1600m
High Jump (Girls)	Discus (Girls)	4 x 100m Relay

...After completion of 9:30 AM Field Events:

		400m
		100m
		800m
Long Jump (Girls)	Pole Vault (Girls)	4 x 200m Relay
Triple Jump (Boys)	Shot Put (Girls)	300H
High Jump (Boys)	Discus (Boys)	200m
		3200m
		4 x 400m Relay

NOTE: This meet is now a Varsity only meet; any athletes registered initially as Frosh/Soph will be moved to Varsity. Awards: Medals: 1st-3rd Individuals and Relays

IMPORTANT: Transportation to/from this meet needs to be coordinated by parents; occupancy in vehicles from the same household, there will be no bus or school provided transportation!

SPECTATORS: Only parents/drivers transporting athletes to the meet will be given a transportation pass allowing them access into the meet, those will be the only allowed individuals able to watch the meet.

MCHS COVID-19 SAFETY PROTOCOLS (Roll-Call Roster/Check-in done by Coach Scott DeMange):

- *Travel to these meets in vehicles will follow strict "same household" occupancy*
- *Masks to be worn at all times except during actual competition*
- *Maintain social distancing and have our team occupying our own designated area that is separated from other teams*
- *No sharing of equipment or water bottles*
- *Minimize all contact with other any other athletes from other teams participating in these events*
- *All athletes will be COVID-19 symptom checked by MCHS coaching staff, including a no-contact temp check prior to being allowed to join our group*

Host Meet Safety Protocols for Saturday's event: Please let's do our best to adhere to all safety procedures and protocols so that the meet goes as safely and smoothly as possible. **There will be a QR Code for you to fill out before entry into the Stadium (It's done on your phone)**, instructions will be sent out prior to the event start so on Saturday morning you can fill it out and keep it saved on your browser and show it to the gate worker upon arrival. You can also do it at the stadium as well.

FINAL MEET INSTRUCTIONS:

- 1. For this meet, all participating athletes will be given 1 spectator wristband.** So if you enter 10 athletes you will be given 10 spectator wristbands, they will be in your team envelope. You will hand them out to the spectators you wish to hand them too. **ATHLETES DO NOT NEED WRISTBANDS.** If you have any questions about this please reach out.
- 2. There will be no concession booths,** the CDC is trying to limit the passing of food and money so unfortunately, we will not have a concession stand. Please bring food and water, there may be a water station at the Medical Tent, however I'd say bring some beverages for your athletes just in case. Also, if you do want to leave to grab a bite to eat please make sure you have your wristband on.
- 3. The Visitor Stands are for spectators ONLY,** no team tents (they are marked for social distance), The Home side is for teams and athletes and marked for social distancing so please place your team tent pods on that side. If a parent wants to sit with their respective team please make sure you stay with that team.
- Unless you are competing in the long jump, triple jump, high jump, pole vault, or competing in the next race you should not be on the infield we must keep the infield as clear as possible. Warm up will be conducted behind the visitor stands in the warmup area. Please make sure your athletes are using the warmup area.
- 5. There will be 2 bullpen areas, 1 for the team getting ready to step on the track (social distanced), one for the next heat (Social Distanced). If there are multiple heats please check in and leave the bullpen area (Pay attention for when your heat is called). Once the main bullpen leaves for the track, the next heat will move into the next bullpen area.** This is to eliminate the traffic in the bullpen area.
- 6. You must bring your own implements** (Batons, Shots, Discus, Poles) this is so that only your team is touching them.
- We are going to do our best to monitor bathroom, **Home restrooms are for athletes only,** and please keep it to the same teams only, if someone from a different team is using the restroom please allow them to finish and leave before entering. This is to try and minimize the team-to-team contact. Visitor Restroom are for Spectators, and Workers of the meet.
- 8. Please maintain social distancing throughout the meet.**
- 9. Masks are to be worn at all times unless you are competing.**

OTHER EDDIE HART INVITE MEET DETAILS:

- 1. Only 3/16" or 1/4" pyramid spikes are allowed on the track.**
- 2. All athletes must warm up in the designated warm-up area.**
- 3. All athletes must report to the clerk of the course at the first call. Failure to report will result in disqualification from the event.**
- All races will be timed by electronic timing device. Results will be posted per event during the day.
- Additional athletes may not be added. Alternates will be seeded into Heats.
- 7. There will be no warm-up allowed on the track or infield area. Only athletes competing at the time of their events will be allowed on the track during their event!! Violation of this rule will result in disqualification.**
- Uniform rule in effect for all Relay races.

Need more information? ...Check our team website for updates at www.mariacarrillorun.com

MCHS Non-Field Event specific Coach Contacts for this meet:

Coach Vic (650) 984-0129, Coach Scott (707) 477-6087, Coach Allison (707) 758-4767,
Coach Mark (916) 753-4123, Coach Heather (706) 944-1541, Coach Tac (404) 386-5443

GO PUMAS!!!