

Last Name	First Name	9/11 Ed Sias Race #	9/11 Ed Sias (2 mi) Race	Greg's latest "guess" 3 Mi. Race Pace/mi	9/11 Ed Sias TARGET 1st Mile Pace (101% of 3 Mi Race Pace)	9/11 Ed Sias ACTUAL 1ST MILE SPLIT	9/11 Ed Sias TARGET 2nd Mile Pace (109% of 3 Mi Race Pace)	Ed Sias PR	9/11 Ed Sias (2 mi) Target Finish Time	9/11 Ed Sias ACTUAL FINISH TIME	2019 Ed Sias Race Results/ Placing
Dave	Kapil	1	9:00 am Boys Frosh	6:50	6:54		7:26		14:21		92/193
Sundaram	Shravan	1	9:00 am Boys Frosh	7:10	7:14		7:48		15:03		124/193
Egerton	Elliott	1	9:00 am Boys Frosh	7:20	7:24		7:59		15:24		133/193
Li	Tony	1	9:00 am Boys Frosh	7:35	7:39		8:15		15:55		147/193
Wilson	Jack	2	9:25 am Boys Frosh-Soph	5:20	5:23		5:48		11:12		6/207
Sanderson	Grant	2	9:25 am Boys Frosh-Soph	5:50	5:53		6:21		12:15		29/207
Sitton	Gabe	2	9:25 am Boys Frosh-Soph	5:55	5:58		6:26		12:25		37/207
Mattice	Deion	2	9:25 am Boys Frosh-Soph	6:05	6:08		6:37		12:46		63/207
Gross	Nick	2	9:25 am Boys Frosh-Soph	6:10	6:13		6:43		12:57		74/207
Newton	Gavin	2	9:25 am Boys Frosh-Soph	6:15	6:18		6:48		13:07		86/207
Conti	Dominick	2	9:25 am Boys Frosh-Soph	6:30	6:33		7:05		13:39		116/207
Trenam	Gracie	3	9:50 am Girls Frosh-Soph	6:15	6:18		6:48		13:07		2/167
McGarva	Nola	3	9:50 am Girls Frosh-Soph	6:50	6:54		7:26		14:21		19/167
Mathiesen	Isabella	3	9:50 am Girls Frosh-Soph	6:50	6:54		7:26		14:21		19/167
Moe	Kira	3	9:50 am Girls Frosh-Soph	6:50	6:54		7:26		14:21		19/167
Carra	Mia	3	9:50 am Girls Frosh-Soph	6:55	6:59		7:32		14:31		20/167
Szczekocki	Brooke	3	9:50 am Girls Frosh-Soph	7:00	7:04		7:37		14:42		22/167
Choe	Katherine	3	9:50 am Girls Frosh-Soph	7:00	7:04		7:37		14:42		22/167
Donohue	Jacob	4	10:15 am Boys Varsity	4:55	4:57		5:21	10:49	10:19		1/150
Vieyra	Noe	4	10:15 am Boys Varsity	4:55	4:57		5:21	11:04	10:19		1/150
Rodriguez-Lopez	Oswaldo	4	10:15 am Boys Varsity	5:20	5:23		5:48	11:03	11:12		20/150
Gubera	Sean	4	10:15 am Boys Varsity	5:25	5:28		5:54	12:25	11:22		24/150
Dawson	Logan	4	10:15 am Boys Varsity	5:25	5:28		5:54	12:41	11:22		24/150
Choe	Benjamin	4	10:15 am Boys Varsity	5:25	5:28		5:54	12:21	11:22		24/150
McCorquodale	Adam	4	10:15 am Boys Varsity	5:30	5:33		5:59	11:34	11:33		24/150
Busienei	Ashley	5	10:40 am Girls Varsity	6:05	6:08		6:37	13:58	12:46		3/148
Mattice	Vivien	5	10:40 am Girls Varsity	6:10	6:13		6:43	14:00	12:57		4/148
Taylor	Rebekah	5	10:40 am Girls Varsity	6:15	6:18		6:48	13:44	13:07		6/148
Hedden	Avery	5	10:40 am Girls Varsity	6:20	6:23		6:54	14:08	13:18		7/148
Cregan	Brooke	5	10:40 am Girls Varsity	6:25	6:28		6:59	14:49	13:28		9/148
Chong	Ella	5	10:40 am Girls Varsity	6:25	6:28		6:59	15:31	13:28		9/148
Jimenez	Carmen	5	10:40 am Girls Varsity	6:50	6:54		7:26	18:15	14:21		18/148

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Donohue	Jonathan	6	11:55 am Boys JV	5:25	5:28		5:54	13:12	11:22		2/173
Hakola	Justin	6	11:55 am Boys JV	6:10	6:13		6:43		12:57		7/173
Page	Jason	6	11:55 am Boys JV	6:20	6:23		6:54		13:18		18/173
Nacouzi	Rami	6	11:55 am Boys JV	6:30	6:33		7:05		13:39		26/173
Flores	Isaiah	6	11:55 am Boys JV	6:30	6:33		7:05		13:39		26/173
Hughes	Emma	7	12:20 pm Girls JV	7:00	7:04		7:37		14:42		6/121
Schubert	Carley	7	12:20 pm Girls JV	7:00	7:04		7:37		14:42		6/121
Gorauskas	Leyna	7	12:20 pm Girls JV	7:20	7:24		7:59		15:24		14/121
Feng	Natalie	7	12:20 pm Girls JV	7:20	7:24		7:59		15:24		14/121
Marron	Cielo	7	12:20 pm Girls JV	7:35	7:39		8:15		15:55		23/121
Li	Catherine	7	12:20 pm Girls JV	7:40	7:44		8:21		16:06		27/121
Gunderson	Grace	8	1:10 pm Girls FS/JV	7:40	7:44		8:21		16:06		1/68
Heaps	Myrea	8	1:10 pm Girls FS/JV	7:45	7:49		8:26		16:16		1/68
Shalev	Phoebe	8	1:10 pm Girls FS/JV	7:50	7:54		8:32		16:27		1/68
Taylor	Abby	8	1:10 pm Girls FS/JV	8:00	8:04		8:43		16:48		1/68
Lustberg	Rachel	8	1:10 pm Girls FS/JV	8:00	8:04		8:43		16:48		1/68
Rivera-Arevalo	Sara	8	1:10 pm Girls FS/JV	8:00	8:04		8:43	16:20	16:48		1/68
Calderon-Jimenez	Amy	8	1:10 pm Girls FS/JV	8:10	8:14		8:54		17:09		4/68
Vargas	Rikki	8	1:10 pm Girls FS/JV	8:10	8:14		8:54		17:09		4/68
Bisbee	Catherine	8	1:10 pm Girls FS/JV	8:45	8:50		9:32		18:22		16/68
Dave	Anuja	8	1:10 pm Girls FS/JV	8:45	8:50		9:32		18:22		16/68
Kapustka	Reese	8	1:10 pm Girls FS/JV	9:00	9:05		9:48		18:54		21/68
Clawson	Taylor	8	1:10 pm Girls FS/JV	9:00	9:05		9:48		18:54		21/68
Parsons	Claire	8	1:10 pm Girls FS/JV	9:00	9:05		9:48		18:54		21/68
Prather	Allison	8	1:10 pm Girls FS/JV	9:00	9:05		9:48		18:54		21/68