



# MCHS XC 2021 ITENERARY (9/8/21 rev 01)



## Ed Sias XC Invite, September 11<sup>th</sup>, 2021

Hosted by Campolindo High School

Event Website:

<https://www.campotrack.com/edsias/edsiasfrontPAGE.html>

**RACE LOCATION:** Hidden Valley Park, Center Ave. Martinez, CA 94523 (~1:30 drive from MCHS)

**38 TEAMS COMPETING!** Alhambra, Archbishop Mitty, Benicia, Beyer, Berean Christian, Bishop O'Dowd, California School for the Deaf, Campolindo, Carondelet, Clayton Valley, Clovis West, College Park, College Preparatory, Concord, De La Salle, Freedom, Heritage, Homestead, James Logan, Justin-Siena, Liberty, Los Gatos, Maria Carrillo, Miramonte, Mission San Jose, Monte Vista, Pittsburg, Presentation, Richmond, Roseland University Prep, St. Helena, St. Ignatius, St. Joseph Notre Dame, St. Mary's College, Vintage, Wilcox, Willow Glen, Ygnacio Valley

### SATURDAY, 9/11 AM DRIVING PLANS (LEAVING FROM MCHS PARKING LOT):

Depart Time	# Passenger Seats Needed	Drivers (passenger seats available)
<b>6:30 AM Wave #1</b> (All Frosh + Frosh-Soph Rosters)	18	<b>22 Total Passenger Seats Available:</b> Coach Greg (4), Coach John (2), Donohue (4), Gross (5), Busienei (4), Dave (3)
<b>7:00 AM Wave #2</b> (Everyone else!)	49	<b>51 Total Passenger Seats Available:</b> Coach Marion (5), Bisbee (4), Mattice (5), Gorauskas (5), Jimenez (4), Donohue (2), Hakola (4), Gunderson (4), McCorquodale (2), Hedden (5), Dawson (4), Jade (4), Clawson (3)

### RACE SCHEDULE/ROSTERS (57 TOTAL MCHS ATHLETES):

- 8:30 am *Community & Coach Race UNLIMITED (No MCHS Entries)*
- 9:00 *Boys' Frosh (7 Runner Limit, MC = 4 entries): Kapil D, Elliot E, Tony L, Shraavan S*
- 9:25 *Boys' Frosh Soph (7): Jack W, Grant S, Gabe S, Deion M, Nick G, Gavin N, Dominick C*
- 9:50 *Girls' Frosh Soph (7): Gracie T, Nola M, Isabella M, Kira M, Mia C, Brook S, Katie C*
- 10:15 *Boys' Varsity SMALL SCHOOL (7): Jacob D, Noe V, Oswaldo R, Sean G, Logan D, Benji C, Adam M*
- 10:40 *Girls' Varsity SMALL SCHOOL (7): Ashley B, Vivien M, Rebekah T, Avery H, Brooke C, Ella C, Carmen J*
- 11:05 *Boys' Varsity LARGE SCHOOL (7): (No MCHS Entries)*
- 11:30 *Girls' Varsity LARGE SCHOOL (7): (No MCHS Entries)*
- 11:55 *Boys' Junior Varsity (5): Jonathan D, Justin H, Jason P, Rami N, Isaiah F*
- 12:20 pm *Girls' Junior Varsity (6): Emma H, Carley S, Natalie F, Leyna G, Cielo M, Catherine L*
- 12:45 *Boys' FS & JV (no limit): (No MCHS Entries)*
- 1:10 *Girls' FS & JV (no limit, MC 14 entries): Cate B, Amy C, Taylor C, Anuja D, Grace G, Myrea H, Reese K, Rachel L, Claire P, Allison P, Sara R, Phoebe S, Abby T, Rikki V*
- **1:45-2:00 All Teams/Community Dance Contest with prizes/shwag giveaways!**
- **2:00-2:45 Awards Ceremony (Please try to stay for this Ceremony with our whole team!)**

**AWARDS: ALL RACES:** Top 10 individual finishers receive New Balance prizes. **ALL SCORING DIVISIONS:** Winning teams receive Championship Plaque. Top 4 teams receive medals (7 per team). Top 4 individuals receive medals. **VARSITY DIVISIONS:** Top 4 teams receive New Balance prize packs.

### ED SIAS HIDDEN VALLEY PARK 2.0 MILE COURSE MAP LINKS:

.PDF Version of Hidden Valley Park 2-Mile Course Map: <https://www.campotrack.com/xcPAGES/HVP%20%20Mile%20Course%20Map.pdf>

Video review including elevation and fly-Over of Hidden Valley Park 2-Mile Course Map:

<https://www.campotrack.com/edsias/edsiascoursemapPAGE.html>

Questions? ...Contact MCHS XC Head Coach, Greg Fogg (707) 291-2967 [greg.fogg@comcast.net](mailto:greg.fogg@comcast.net) Look for more information or updates to be published on our Team Website here: [www.mariacarrillorun.com](http://www.mariacarrillorun.com)

**GO PUMAS!!!**