



# MCHS XC 2022 ITENERARY (9/19/22)

## Clovis Invite, October 8<sup>th</sup>, 2022

### Hosted by Clovis High School



EVENT WEBSITE: <https://www.clovisxc.com/about>

RACE RESULTS LINK: TBD (120+ TEAMS COMPETING / 18 RACES!!!)

RACE LOCATION: Woodward Park, 7775 N Friant Rd, Fresno, CA 93720

**LOGISTICS:** Fri, Oct 7th dismiss from class 9:00 am > Leave MC 9:15 am > Meet Woodward Park starting line at 2:30 pm > Shake-out run 3-5 pm > Dinner 5 pm > Hotel check-in 7 pm > Wake-up early for Sat, Oct 8th Varsity races!

**DRIVERS:** TBD, contact Greg if you will be driving OYO; we have enough hotel rooms for all 32 athletes!

- **IF YOUR ATHLETE NEEDS A RIDE, CONTACT COACH GREG (707) 291-2967**  
(Parking Entrance Fee: \$5.00 per bus or car)

**HOTEL:** Home 2 Suites by Hilton Clovis Fresno Airport, 810 Santa Ana Ave, Clovis CA 93612

### [TENTATIVE] CLOVIS INVITE 10/8/22 RACE SCHEDULE + MCHS XC ROSTERS (32 TOTAL MCHS XC ATHLETES):

- **7:15 am Division M Varsity Girls (7):** Katie C, Carmen J, Nola M, Kira M, Brooke S, Rebekah T, Gracie T
- **8:05 am Division M Varsity Boys (7):** Benji C, Jon D, Nick G, Sean G, Rami N, Grant S, Gabe S
- **11:20 am Division S and M Freshman/Sophomore Boys (9):** Kapil D, Trenton D, Ivan F, Enzo P, Austin P, Dominic R, Ben T, Trystan T, Kevin T
- **12:00 pm All Divisions Freshman/Sophomore Girls (9):** Sophie B, Natalie F, Andi F, Keeley G, Isabelle G, Grace G, Rachel L, Carley S, Carlie T

### VARSITY AND FROSH/SOPH RACE AWARDS:

ASICS backpack to the individual champion,  
Medals to 7 members of the top 3 teams, Medals to the top 30 individuals, Plaques to top 3 teams

### Woodward Park 5K COURSE MAP LINK:

<https://www.clovisxc.com/course-map>

### Good Video / Fly-Over 5K course:

<https://www.youtube.com/watch?v=7bEsbVvri1k>

### Good Video, "How to race Woodward Park 5K":

<https://www.youtube.com/watch?v=r4dHibL07CU>

Questions? ...Contact MCHS XC Head Coach, Greg

Fogg (707) 291-2967 [greg.fogg@comcast.net](mailto:greg.fogg@comcast.net)

Also, look for more information or updates to be published on our Team Website:

[www.mariacarrillorun.com](http://www.mariacarrillorun.com)

**GO PUMAS!!!**

