



MCHS XC 2022 ITENERARY (11/22/2022)



CIF State XC Championships, Saturday Nov 26, 2022
RACE LOCATION: Woodward Park (1633 East Ave., Hayward 94541)

LIVE RACE RESULTS: [CIF State XC 2022 \(rtspt.com\)](https://www.cifstate.org/sports/cross_country/champ_info/2022_XC_Handbook.pdf)

MEET BULLETIN: https://www.cifstate.org/sports/cross_country/champ_info/2022_XC_Handbook.pdf

Ticketing Information: Only online tickets via GoFan for admission to the event; all spectators must have a ticket for admission to the 2022 CIF State Cross Country Championships (\$10 for adults and \$5 for Students/Seniors, Children under 5 are FREE). Use this link to purchase your tickets in advance: <https://gofan.co/app/events/662389?schoolId=CIF> or QR code here →
Purchasing tickets in advance will greatly help to expedite the admission process into the park.



FRIDAY LOGISTICS:

9:00 AM: All Athletes/Drivers leaving from RV Library

-Drivers meeting RV Library: Coach Greg, Coach John, Trenam, Donohue, Gubera, Choe, Gross, Szczekocki

-Drivers meeting us at Woodward Park: Jimenez, Sitton, Sanderson, McGarva

2:30 PM: Everyone meets at Woodward Park Starting Line for warm-up run

5:00 PM: Leaving Woodward Park

5:30 PM: Check into Hotel

6:30 PM: Team Dinner (plans TBD)

8:30 PM: Team Meeting Coach Greg's room

10:00 PM: Lights Out!

-Hotel Details: DoubleTree by Hilton Hotel Fresno Convention Center (2233 Ventura St Fresno CA 93721)

MCHS XC Varsity Girls: Gracie T, Brooke S, Kira M, Isabelle G, Rebekah T, Carmen J, Nola M (Alt: Katie C, Andi F)

MCHS XC Varsity Boys: Sean G, Grant S, Jack W, Jon D, Benji C, Trenton D, Gabe S (Alt: Nick G, Rami N)

SAT, NOV 26 RACE SCHEDULE /AWARDS: (MC = Division 3)

DIVISION 4 GIRLS 8:30 AM/10:00 AM

DIVISION 5 GIRLS 9:00 AM/10:40 AM

DIVISION 4 BOYS 9:30 AM/10:20 AM

DIVISION 5 BOYS 10:00 AM/11:00 AM

DIVISION 1 GIRLS 10:30 AM/11:20 AM

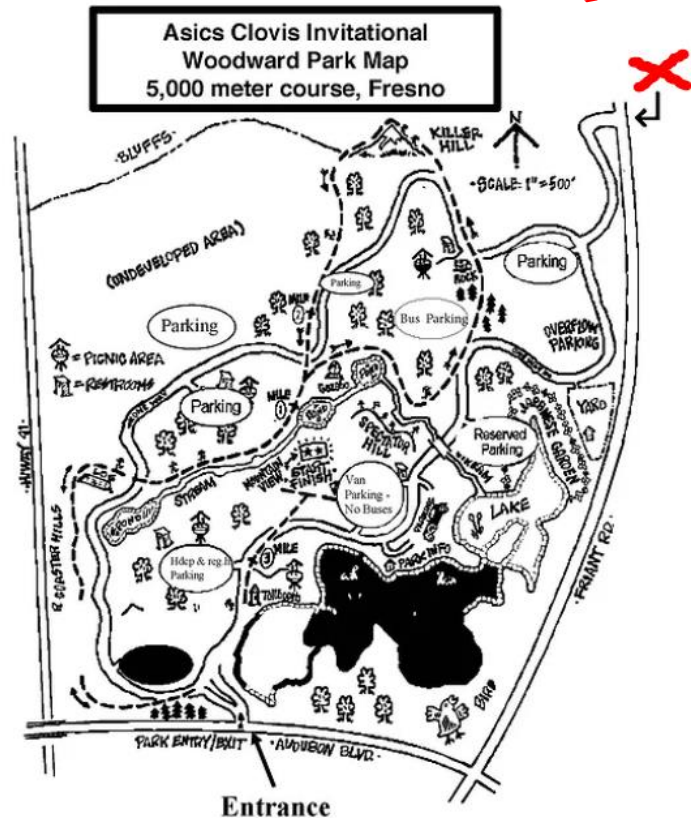
DIVISION 2 BOYS 11:00 AM/11:45 AM

DIVISION 3 GIRLS 11:30 AM/12:15 PM

DIVISION 1 BOYS 12:00 PM/12:45 PM

DIVISION 2 GIRLS 12:30 PM/1:15 PM

DIVISION 3 BOYS 1:00 PM/1:45 PM



On Race day, enter here ---->

WOODWARD PARK COURSE MAP: https://www.cifstate.org/sports/cross_country/champ_info/woodward_park

Questions? ...Contact MCHS XC Head Coach, Greg Fogg (707) 291-2967 greg.fogg@comcast.net

Look for more information or updates to be published on our Team Website: www.mariacarrillorun.com

GO PUMAS!!!