



CIF State XC Championships, November 25, 2023
 Woodward Park, Fresno
 7775 N Friant Rd, Fresno, CA 93720



[LINK](#) to CIF '23 State XC Champs Meet Bulletin

[LINK](#) to LIVE RACE RESULTS

[LINK](#) to Spectator Tickets

ENTRANCE/PARKING:



No charge for parking, but spectators must purchase a ticket to enter the park for Saturday's races. Spectator Tickets available online only through GoFan (gofan.co)
 General Admission - \$10, Children (5+yrs), Students and Seniors- \$5 -Every spectator must have a ticket to enter the park (Children under 4 are Free), your phone is your ticket

FRI, NOV 24th LOGISTICS: Leave from library next to MC 9am > arrive Woodward Park 1:30-2pm > meet at starting line for warm-ups 2pm > shake out run, drills + 2-3 fast starts > leave Woodward Park 3:45-4pm > check into Hotel 4:30-5pm > Dinner starts 5:30-6pm at Hotel > Meet in Coaches Room 7:30 (Boys) 7:45 (Girls) > Lights-out 10pm!

GIRLS ROSTER (alt): Ashlin M, Gracie T, Kira M, Brooke S, Katie C, Andi F, Carley S (Isabelle G)

BOYS ROSTER (alt): Jack W, Trenton D, Grant S, Austin P, Cameron J, Tyler H, Scott B (Kevin T)

Red = Driving to Fresno OYO (meet at starting line 2pm)

COACHES + PARENT DRIVERS (total passenger seats needed = 12, with 13 available leaving from Library 9am):

Coach John M (3), Coach Greg (3 + Coach Marion), Szczekocki (3), Trenam (3), Schubert (1)

HOTEL: Wyndham Garden Fresno Yosemite Airport (5090 E Clinton Way, Fresno, CA 93727)

SAT, NOV 25TH LOGISTICS: Plan to leave Hotel/Drive to Woodward Park in 2 waves: **8:30am** Girls, **10am** Boys

RACE SCHEDULE		AWARDS
DIV V Boys	8:30 AM	10:00 AM
DIV I Boys	9:00 AM	10:20 AM
DIV V Girls	9:30 AM	10:40 AM
DIV I Girls	10:00 AM	11:00 AM
DIV II Boys	10:30 AM	11:20 AM
DIV III Girls	11:00 AM	11:45 AM
DIV IV Boys	11:30 AM	12:15 PM
DIV II Girls	12:00 PM	12:45 PM
DIV III Boys	12:30 PM	1:15 PM
DIV IV Girls	1:00 PM	1:45 PM

11 Double Queen Bed Hotel Rooms: 1) Kira M, Brooke S, Carley S, Andi F
 2) Gracie T, Katie C, Isabelle G 3) Jack W, Grant S, Tyler H, Scott B 4)
 Trenton D, Austin P, Cameron J, Kevin T 5) Coach Greg 6) Coach Chad 7)
 Coach John M 8) Boyadjieff 9) Trenam 10) Windsor Coach Johnson 11)
 Surgeon (Windsor) + **4 King Bed Hotel Rooms:** 1) Coach Marion 2) Hall 3)
 Choe 4) Schubert

Woodward Park 5K COURSE MAP LINK: <https://www.clovisxc.com/course-map>

Good Video / Fly-Over 5K course:

<https://www.youtube.com/watch?v=7bEsbVvri1k>

Good Video, "How to race Woodward Park 5K":

<https://www.youtube.com/watch?v=r4dHibL07CU>

Questions? ...Contact MCHS XC Head Coach, Greg Fogg (707) 291-2967

greg.fogg@comcast.net

GO PUMAS!!!

★ = This is where our MCHS XC “Home Base” canopies will be!

Please use Audubon Blvd. entrance on day before race!

On Race Day, need to use “Back Entrance” **marked with an arrow** on map off Friant Rd.

