

NORTH BAY LEAGUE

TRACK & FIELD ORDER OF EVENTS (2024)

MEET START TIME 4:00 / MCHS vs. SANTA ROSA AT MCHS, APRIL 3

RUNNING	ORDER
4x100 Relay	JV Girls, JV Boys, V Girls, V Boys
1600m	JV Girls, JV Boys, V Girls, V Boys
100H/110H	V Boys (39"), JV Boys (36"), JV Girls/V Girls (33")
400m	JV Girls, JV Boys, V Girls, V Boys
100m	JV Girls, JV Boys, V Girls, V Boys
800m	JV Girls, JV Boys, V Girls, V Boys
300H	JV Girls/V Girls (30"), JV Boys, V Boys (36")
200m	JV Girls, JV Boys, V Girls, V Boys
3200m	JV/Varsity combined Girls, JV/Varsity combined Boys
4x400 Relay	JV Girls, JV Boys, V Girls, V Boys

FIELD EVENTS	ORDER
Shot Put*	V Girls, JV Girls, V Boys, JV Boys
Discus*	V Boys, JV Boys, V Girls, JV Girls
High Jump	JV Boys (4'6"), V Boys, (5'), JV Girls (3'6"), V Girls (4')
Pole Vault	JV Girls (6'), V Girls (7'), JV Boys (7'6"), V Boys (9')
Long Jump*	(Open pit)
Triple Jump*	(Open pit)

*Attempts for Tri-Meets = 3, Attempts for Dual-Meets = 4